

SEPT
2018

M T TH F:

Fresh Baked Pizza
Pepperoni
Cheese



Daily:

Garden Bar

Fresh Greens and Veggies Honey
Roasted Sunflower Seeds
WW Roll & Croûtons
Dressing



Daily:

Protein Packs

Choice of (1): PB&J-String Cheese-Goldfish
Choice of (2): String Cheese, Yogurt, Honey
Roasted Sunflower Seeds & Fruit Offering



BREAKFAST PRICES:

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Paid: \$1.75 Adult: \$2.50
Free: \$0.00 Reduced \$0.00
Fresh Fruit Selection & 100% Juice
Variety
Milk: 1% White, FF White, FF
Chocolate Milk
Cereal: Rice Chex, Honey Nut Chex,
Cinnamon Toast Crunch, Cereal Bowl

BREAKFAST ITEMS:

Benefit Bar, Sausage & Cheese or Egg
& Cheese Sandwich, Breakfast
Burrito,
Oatmeal Cinnamon Bar-Banana-
Pumpkin Bread -PB&J. Bagel w/
Cream Cheese
Yogurt Parfaits, Cinn. Bun, Cereals

***Not all options will be available
everyday
but will rotate regularly.

LUNCH PRICES:

Paid: \$3.00 Adult: \$4.50
Free: \$0.00 Reduced: \$0.40

Daily:

Customer Choices

Fresh Fruit & Veggie Salad Bar
Milk (1% White, FF White,
FF Chocolate Milk
100% Juice Variety

Dressing Choices: Homemade
Buttermilk Ranch Dressing

Updated: 8/27/18

Monday

BURGER DAY:

Chicken Burger
Breaded Chicken Patty,
WW Bun
w/ Seasoned Fries

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Cheeseburger
Beef Patty, Sliced
Cheese, WW Bun
w/ Seasoned Fries

Self-Serve Condiments:

BBQ Sauce, Ketchup,
Mustard, Mayo, Pickles

This institution is
an equal
opportunity
provider and
employer.

Menu is subject to
change.

Visit: mymealtime.com
to pre-pay online

Tuesday

FIESTA DAY:



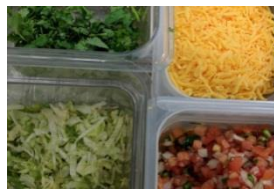
Taco & Cheese Nachos

Taco Seasoned Turkey
Meat
Nacho Cheese Sauce
WG Corn Tortilla Chips

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Chicken Soft Taco

WG Soft Tortilla
Shredded Cheddar
Service Condiments:
Shredded Lettuce
Fresh Cilantro
Pico de Gallo



Self-Serve Condiments:

Salsa, Diced Tomato, Olives,
& Sour Cream

Wednesday

ASIAN DAY:

"Teriyaki Chicken"
and

Sept 12 & 26

Mandarin Orange

Chicken

Sept 19th

2 Egg Rolls

Offered With :

Brown Rice and/or
Homemade Fried Rice
& Fortune Cookie

Self-Serve Condiments:

BBQ Sauce, Ketchup, Mustard,
Mayo

Thursday

Sept 6 & 20th

Mozzarella
Cheese Sticks &
Mini Corndogs

Sept 27 & 13th

Nuggets
w/ WW Roll
Both Served
w/Seasoned Fries

Sub sandwiches & Boxed
Caesar Salads Daily

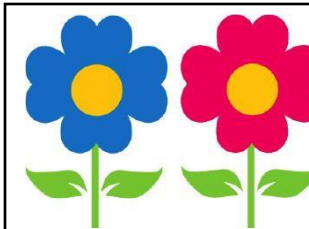
Friday

Sept 7 & 21

Shrimp & Fish Basket
▶ ▶ ▶
Buffalo Chicken Bites
w/ WW Garlic Toast

Sept 14

WG Penne Pasta
W/Chicken Alfredo
Or Marinara
w/ Garlic Toast
▶ ▶ ▶



Chicken Caesar

Boxed Salad Daily

Fresh Romaine Greens Shredded
Diced Chicken
Parmesan Cheese
Cheesy Cornbread Muffin
Croutons